

Our comprehensive service delivers consultation and referral to assist with a wide spectrum of work-life issues.

life  
less complicated

## Work-Life Solutions

### Child Care and Parenting

- Group or Family Child Care
- In-Home Care: Nanny and Au Pair Placement
- Back-Up Care
- School-Age Care
- Summer Camps (Resident, Day, Specialty)
- Parenting Classes and Support Groups

### Older Adult Care

- Community Agencies
- Meal Services
- Senior Centers
- Senior Housing Options
- Respite Care
- In-Home and Companion Services
- Legal/Insurance Issues

### Adoption

- International and Domestic Agencies
- Adoption Support Groups
- Legal Assistance
- Post-Adoption Services

### Education

- K-12 Public and Private Schools
- Higher Education
- Post High School and Vocational Programs
- Financial Aid/Scholarships
- Tutoring Programs

### Daily Living

- Home Maintenance and Repair
- Pet Care
- Entertainment
- Community Volunteering
- Errand Services
- Emergency Services
- Wellness Resources

### Legal/Financial

- Downloadable Legal Documents
- Legal and Financial Articles, Tips and Links
- Financial Calculators
- Online Learning Opportunities for Various Legal and Financial Topics



## Your Resource and Referral Service



“When I needed to find after-school care for my 9-year-old, I called. That was my first time using the service. What a relief! Well, it turns out, I could have been using the service all along to help out with all sorts of day-to-day issues.”

Call or log on today and start making life *less complicated!*

## Convenience and peace-of-mind:



Your employer recognizes the challenges of balancing work with the circumstances of everyday life. That's why you and your family have access to support through the Work-Life Resource and Referral program. When you call the toll-free number, you will be assisted by a qualified Work-Life Consultant who will respond to your request thoroughly and promptly. And when you log on to the Work-Life Website, you'll find an abundance of useful resources, articles, links and interactive tools.

### Service Overview

- Resource and referral for issues related to work, family, caregiving, daily living, health and well-being
- Accessed by phone or Web
- Available 24 hours a day, 7 days a week
- Always confidential
- No cost to you or your family to use the service

Assistance by phone or internet available any time, any day  
Resource and referral for issues related to work, family, daily living, and well-being

“My dad is 74, and wants to keep living at home. I'm just not sure that's going to be an option much longer, and I didn't know what the next step should be. That's when I decided to consult the Resource and Referral service. The Consultant was supportive and helpful. She answered my questions, mailed me a packet of info, and followed-up to see what else I needed. Very nice.”



### Service Access

You can access the service any time, any day by calling the toll-free number or by logging on to the Work-Life Website, and entering your company's username and password.

Toll-Free: **1-800-280-3732**

### **To Access the Idaho Lawyer Benefit Plan Website Go To:**

**[www.idaholawyerbenefitplan.com](http://www.idaholawyerbenefitplan.com)**

Login to your Employee Account to access The ILBP Wellness Program.

### Special Features and Benefits

In addition to the support from our professional Work-Life Consultants and the rich library of online tools, you can enjoy additional attributes of the service including:

- Live Connect, a feature that allows you to instant message a Work-Life Consultant
- Savings Center, where you can shop name-brands at discounts of up to 25%
- Financial and Daily Living Calculators, for a variety of practical applications
- LifeLines, a quarterly newsletter with information on topics for your daily life